

## ***Break away from the Routine-***

### ***Rekindle the Adventure of Romance and having your Best Friend back!***

We all want the full joy of marriage; the laughter, the lightness, having someone to connect with and rely on. Some of us break from the routines that deplete us and find that full joy. Come join us for this very special exclusive physician and spouse opportunity. Come enlarge your experience of how fun and fulfilling your marriage can be. Make this Valentines a harbinger of a new level of happiness together.

Physician couples will experience a warm inviting atmosphere, delightful chef catered meals in a Bed & Breakfast reserved just for this occasion. The weekend is developed specifically for the unique demands and stressors physicians and spouses face. The facilitator, Dr. Shawn Zimmerman, specializes in physician-spouse relationships and has been working exclusively with physicians for seven years. Topics of conversation include:

- Connecting with your spouse
- Rekindling fun and romance
- The anatomy of great relationships
- Healthy paths of conflict re-solution
- Achieving the highest joy in marriage



**The last retreat was rated 9 of 10 stars by physicians and spouses**

#### **Quotes from former participants:**

“Whether struggling in marriage or just seeking refreshment, come connect...again, better.” - Spouse

“Program was excellent!” - Physician

“To realize that other couples, especially physician marriages, suffer the same issues and we are not crazy.” - Spouse

“The investment of time, concern, and sharing is ... invigorating.” - Physician

“I expected to reconnect with my spouse and I did.” - Spouse

“Gave me tools to view myself/relationship in, and a thought process by which to think about conflict.” - Physician

“Taught us to look at our relationship in refreshing perspective.” - Spouse

“This weekend opened doors for dialogue in a very meaningful way.” - Spouse

“Both relaxing and empowering!” - Spouse

#### **NIGHT SWAN BED & BREAKFAST**

New Smyrna Beach Fl, Private intercostals location

Friday, February 10, 6:30p through 11am Sunday

\$739 Per Couple includes all lodging and meals (Friday night-Sunday breakfast)

***Space is limited to the first 14 couples to RSVP***

RSVP Today with Sheila at (407) 303-9674

Email [Shawn.Zimmerman@FLhosp.org](mailto:Shawn.Zimmerman@FLhosp.org) with questions

Join Us!